



**FOR YOUTH DEVELOPMENT**  
**FOR HEALTHY LIVING**  
**FOR SOCIAL RESPONSIBILITY**



### **What is YMCA Mentoring?**

- One-on-one site based mentoring (meet only at a YMCA, school, or library).
- Mentors are able to take their mentee other places in the community if they choose, only after getting approval from their mentor coordinator.
- Mentoring happens when you are available: after school, evenings, or weekends.
- Youth and mentor meet once a week for 1 to 3 hours for 12 months.
- Youth and mentor will perform at least 2 community service projects together.
- Youth and mentor will explore decision making processes and career options.
- Youth and mentor will work to develop plans and visions for youth's future.

### **Who does YMCA Mentoring Serve?**

- Our goal is to serve over 150 youth, ages 6-18, in Northern Kentucky.
- Youth are being identified for enrollment through a variety of avenues:
  - ✓ Schools (Bellevue, Newport, Dayton, Fort Thomas, etc).
  - ✓ YMCA'S in the Northern Kentucky area including: The Campbell County YMCA in Fort Thomas, KY and Dayton YMCA Teen Center in Dayton, KY.

### **Who are our Mentors?**

- An understanding adult who can listen, respect different points of view, empathize with a youth's struggles, and enable their resilience and potential.
- At least 23 years old and have a high school diploma or G.E.D. level education.

### **What will be the impact of YMCA Mentoring?**

- Youth have the added influence of a positive adult that they feel connected to.
- Youth have improved relationships with primary caregivers.
- Youth improve grades and attendance in school.
- Youth decrease school infractions (e.g. detention, suspensions, etc.).
- Mentors feel an increased connectivity to the community in which they mentor.
- Mentors feel a sense of belonging to the YMA Mentoring Program as a whole.

### **How are Mentors Supported?**

- Mentoring Coordinators help plan activities, and provide resources, games, and materials for mentors and youth.
- Mentor Coordinator will provide ongoing support for the relationship.
- Monthly Mentor Support meetings (optional)

**Mentors and youth receive a complimentary membership to the YMCA!**

### **What is the process for becoming a Mentor?**

- Complete application and return it to your local YMCA branch or email it.
- Complete orientation interview (1 hour).
- Complete mentor training (15 hours and planned around YOUR schedule).
- Pass a fingerprint security screen, background check, and reference check.

**For more information please call Justine Ryan at:**

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